

April 2026

Monday	Tuesday	Wednesday	Thursday	Friday
		1 9:30am Men's Coffee 10:00am Write Your Life 10:00am Mind Over Matter 10:30am Let's Talk: Families 11:00am Chair Aerobics 12:30pm Bridge 1:30pm Mah Jongg 1:30pm Hooks & Needles <i>Foot Care, by Appointment</i>	2 9:30am Men's Coffee 10:00am Strong for Life 11:00am Ladies' Coffee 1:00pm Pinochle 1:30pm Line Dancing 2:30pm Cardio Drumming 2:30pm Aging Support <i>Foot Care, by Appointment</i>	3 9:30am Men's Coffee 9:15am First Friday Nature: Graham Oaks Park Coffee & Chat: Spanish! 10:30am Chair Yoga 10:45am Bingo 1:30pm Parlons Français! 2:30pm Cribbage
6 9:30am Men's Coffee 10:00am Strong for Life 10:00am Mah Jongg 11:00am BP Checks 1:00pm Tech Help 1:15pm Hand & Foot 1:15pm Five Crowns 1:15pm Romance Drama 📺 4:00pm Mystery Monday Book Club	7 9:30am Men's Coffee 10:00am Wits Wisdom® 10:00am Play the Ukulele 10:30am Scams Close to Home 11:00am Chair Yoga (Video) 1:00pm Pinochle 1:30pm Open Painting Salon 1:30pm Train Dominos	8 9:30am Men's Coffee 10:00am Write Your Life 11:00am Chair Aerobics 12:30pm Bridge 1:30pm Mah Jongg 1:30pm Bunco 1:30pm Hooks & Needles	9 9:30am Men's Coffee 10:00am Strong for Life 11:00am Ladies' Coffee 1:00pm Pinochle 2:30pm Cardio Drumming 2:30pm Aging Support	10 9:30am Men's Coffee 9:30am Robin Hood Garden Club WashCo Vet. Support 11:00am Chair Yoga 10:45am Grief Support 11:00am Scrabble 1:15pm Bingo
13 9:30am Men's Coffee 10:00am Strong for Life 10:00am Mah Jongg 1:00pm Tech Help 1:15pm Hand & Foot 1:15pm Five Crowns 1:15pm Romance Drama 📺	14 9:30am Men's Coffee 10:00am Wits Wisdom® 11:00am Chair Yoga (Video) 1:00pm Pinochle 1:30pm Open Painting Salon 1:30pm Train Dominos	15 9:30am Men's Coffee 10:00am Write Your Life 11:00am Chair Aerobics 12:00pm SHIBA 12:30pm Bridge 1:30pm Mah Jongg 1:30pm Hooks & Needles	16 9:30am Men's Coffee 10:00am Strong for Life 11:00am Ladies' Coffee 1:00pm Pinochle 1:30pm Line Dancing Arabic Social Hour 2:00pm Cardio Drumming 2:30pm Aging Support	17 9:30am Men's Coffee 10:45am Chair Yoga 11:00am Grief Support 1:30pm Bingo 1:30pm Trip: Bowling @ Langers Parlons Français!
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First Friday in Nature Graham Oaks Nature Park

Friday, April 3rd, checkin @ 9:15am

Welcome spring by heading over the hill to the closest Metro park. This is a great chance to stroll through a variety of open and wooded habitats, with early flowers here and there. At our halfway point there is a special daffodil surprise.

This walk is almost completely flat, but is on a variety of hard and soft surfaces. About two and a half miles total. Restrooms and shelter at the parking, but otherwise fully outside and exposed to the weather.

Transportation provided to and from the Marjorie Stewart Senior Community Center. Meet in the lobby of the Center. Signed shuttle waiver required to be on file prior to trip.

Let's Talk: Aging Families

Wednesday, April 1st @ 10:30am

Family relationships are often complex, whether referring to parents, children, or siblings. How do you get along with family? How do you talk to your adult children or grandchildren? Let's talk about the complexities of family relationships.

The Marjorie Stewart Senior Community Center is a place to gather, find resources, learn, exercise, play, and have fun! We have fresh-cooked lunch by reservation Monday - Friday. Now welcoming free mental health programs for older adults. Please call us with questions, registration, or reservations.

21907 SW Sherwood Blvd.
Sherwood, OR 97223
503-625-5644
sherwoodoregon.gov/seniorcenter

Maiya Martin Burbank, Manager
Dominic Sachet, Chef
Melissa Bolen, Admin. Assistant
Kelly Sanders, Admin. Assistant
Cheri Hamburg, Kitchen Assistant

APRIL 2026



Mystery Monday

The Mystery Monday Book Group meets the 1st Monday of each month at 4pm. There are some books reserved for checkout behind the front desk of the Sherwood Library a month before the meeting for each book.

Pride & Premonition
by Tirzah Price

A scandalous murder shocks London high society and Miss Lizzie Bennet seizes the opportunity to prove herself. Convinced the authorities have imprisoned the wrong person, Lizzie vows to solve the murder on her own. (HarperCollins)

Discussion: April 6th @ 4pm

Next Up:

Happiness Falls
by Angie Kim

"We didn't call the police right away." Those are the electric first words of this extraordinary novel about a biracial Korean American family in Virginia whose lives are upended when their beloved father and husband goes missing.

Discussion: May 4th @ 4pm



SCAMMERS CLOSE TO HOME

Tuesday, April 7th @ 10:30am

Scammers are an ever-present reality that doesn't seem to be going away. Learn about which ones are being seen locally, how to recognize and how to protect yourself with OnPoint Credit Union Scam Buster, Kelsey Eagle. She'll go over read flag warnings as well as some subtler ways that scammers try to get your trust and your money.

TO DO IN APRIL

- **Bowling @ Langers**
 - 4/17 @ 1:30pm
- **Let's Talk: Families**
 - 4/1 @ 10:30am
- **Scammers Close to Home**
 - 4/7 @ 10:30am
- **Community Conversation**
 - 4/23 @ 10:30am

COMMUNITY CONVERSATIONS W/ SEN. COURTNEY NERON MISSLIN

Thursday, April 23rd @ 10:30am

Meet with Oregon Senator Courtney Neron Misslin to learn about what's happening in Salem, ask questions, and share concerns with our representative in our state capital.

ARABIC SOCIAL HOUR

Thursdays @ 2:00pm, starting 4/16

Join host Amani to chat, socialize, and connect with other Arabic speakers, every Thursday at 2pm while enjoying coffee, tea, and small snacks.