

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30am Men's Coffee 10:00am Strong for Life 1:00pm Tech Help 1:15pm Hand & Foot 1:15pm Five Crowns 1:15pm Romance Drama 📺 4:00pm Mystery Monday Book Club	3 9:30am Men's Coffee 10:00am Play the Ukulele 10:00am Wits Wisdom® 11:00am Chair Yoga (Video) 1:00pm Pinochle 1:30pm Open Painting Salon 1:30pm Train Dominos	4 9:30am Men's Coffee 10:00am Write Your Life 10:00am Mind Over Matter 10:30am Let's Talk: Decluttering 11:00am Chair Aerobics 12:30pm Bridge 1:30pm Mah Jongg 1:30pm Hooks & Needles 1:30pm Genealogy Club: Immigration Records	5 9:30am Men's Coffee 10:00am Strong for Life 11:00am Ladies' Coffee 11:00am BP Checks 1:00pm Pinochle 1:30pm Line Dancing 2:30pm Cardio Drumming 2:30pm Aging Support 4:00pm Loving Someone w/ Cognitive Impairment	6 9:30am Men's Coffee 10:30am Coffee & Chat: Spanish! 10:45am Chair Yoga 11:00am Grief Support 1:30pm Bingo 1:30pm Parlons Français! 2:30pm Cribbage <i>Foot Care, by Appointment</i>
9 9:30am Men's Coffee 10:00am Strong for Life 10:00am Mah Jong 101 1:00pm Tech Help 1:15pm Hand & Foot 1:15pm Five Crowns 1:15pm Romance Drama 📺	10 9:30am Men's Coffee 10:00am Wits Wisdom® 11:00am Chair Yoga (Video) 1:00pm Pinochle 1:30pm Open Painting Salon 1:30pm Train Dominos	11 9:30am Men's Coffee 10:00am Write Your Life 11:00am Chair Aerobics 12:30pm Bridge 1:30pm Mah Jongg 1:30pm Bunco 1:30pm Hooks & Needles	12 9:30am Men's Coffee 10:00am Strong for Life 11:00am Ladies' Coffee 1:00pm Pinochle 2:30pm Cardio Drumming 2:30pm Aging Support 4:00pm Loving Someone w/ Cognitive Impairment	13 9:30am Men's Coffee 9:30am Robin Hood Garden Club 11:00am Trip: Noodles & Gems 10:45am Chair Yoga 11:00am Grief Support 1:15pm Scrabble 1:30pm Bingo 2:30pm Post-Polio Support
16 9:30am Men's Coffee 10:00am Strong for Life 10:00am Mah Jong 101 1:00pm Tech Help 1:15pm Hand & Foot 1:15pm Five Crowns 1:15pm Romance Drama 📺 1:30pm NCAA Bracket Kick Off	17 9:30am Men's Coffee 10:00am Wits Wisdom® 10:00am Play the Ukulele 11:00am Chair Yoga(Video) 1:00pm Pinochle 1:30pm Open Painting Salon 1:30pm Train Dominos	18 9:30am Men's Coffee 10:00am Write Your Life 10:00am Mind Over Matter 11:00am Chair Aerobics 12:00pm SHIBA 12:30pm Bridge 1:30pm Mah Jongg 1:30pm Hooks & Needles 1:30pm Genealogy Club	19 9:30am Men's Coffee 10:00am Strong for Life 11:00am Ladies' Coffee 11:00am BP Checks 1:00pm Pinochle 1:30pm Line Dancing 2:30pm Cardio Drumming 2:30pm Aging Support 4:00pm Loving Someone w/ Cognitive Impairment	20 9:30am Men's Coffee 10:45am Chair Yoga 11:00am Grief Support 11:00am WashCo Vet. Support 1:30pm Bingo 1:30pm Parlons Français! 1:30pm Craft: Easter Fascinators
23 9:30am Men's Coffee 10:00am Strong for Life 10:00am Mah Jong 101 1:00pm Tech Help 1:15pm Hand & Foot 1:15pm Five Crowns 1:15pm Romance Drama 📺	24 9:30am Men's Coffee 10:00am Wits Wisdom® 11:00am Chair Yoga(Video) 1:00pm Pinochle 1:30pm Open Painting Salon 1:30pm Train Dominos	25 9:30am Men's Coffee 10:00am Write Your Life 11:00am Chair Aerobics 12:30pm Bridge 1:30pm Mah Jongg 1:30pm Bunco 1:30pm Hooks & Needles	26 9:30am Men's Coffee 10:00am Strong for Life 11:00am Ladies' Coffee 1:00pm Pinochle 2:30pm Cardio Drumming 2:30pm Aging Support 4:00pm Loving Someone w/ Cognitive Impairment	27 9:30am Men's Coffee 10:45am Chair Yoga 11:00am Grief Support 1:15pm Scrabble 1:30pm Bingo 2:30pm MSSC Rockers
30 9:30am Men's Coffee 10:00am Strong for Life 10:00am Mah Jong 101 1:00pm Tech Help 1:15pm Hand & Foot 1:15pm Five Crowns	31 9:30am Men's Coffee 10:00am Wits Wisdom® 11:00am Chair Yoga(Video) 1:00pm Pinochle 1:30pm Open Painting Salon 1:30pm Train Dominos	<div data-bbox="1299 1798 2107 1911" data-label="Section-Header"> <h1>March 2026</h1> </div> <div data-bbox="2144 1826 2691 1999" data-label="Image"> </div>		

21907 SW Sherwood Blvd.

Sherwood, OR

97140

Trip: Noodles and Gems

Friday, March 13th, leaving at 11am

Nothing takes off the chill air quite like a steaming, delicious bowl of noodles! We'll start off our trip by visiting Vivi's Noodle House. Next up we'll head to the Oregon Gem Fair to see wonders of the earth – minerals, stones, jewels, and more. Shuttle will leave at 11am and return at 3pm. Shuttle liability waiver required. Participants pay for their lunch but no other charges. Sign-up lottery opens at 9am on Monday, March 2nd with names being drawn and notified on Monday, March 9th.

Let's Talk: Decluttering

Wednesday, March 4th @ 10:30am

Why do we have so much stuff? Why do we hold on to it? Let's discuss decluttering our homes and why it is often so hard.

Wits Workout®

Tuesdays at 10:00am, starting 3/3

We workout our body but are you ready for a workout for your brain? Join us for this peer-reviewed, pilot-tested, brain health weekly class. Intellectual challenge and social connectedness are two of several factors that contribute to brain health throughout life. Wits Workout® brings these two together for fun brain challenges that work toward maintaining brain health and acuity.

The Marjorie Stewart Senior Community Center is a place to gather, find resources, learn, exercise, play, and have fun! We have fresh-cooked lunch by reservation Monday - Friday. Now offering free mental health programs for older adults. Please call us with questions, registration, or reservations.

21907 SW Sherwood Blvd.
Sherwood, OR 97223
503-625-5644
sherwoodoregon.gov/seniorcenter

Maiya Martin Burbank, Manager
Dominic Sachet, Chef
Melissa Bolen, Admin. Assistant
Kelly Sanders, Admin. Assistant
Cheri Hamburg, Kitchen Assistant

MARCH 2026



Mystery Monday

The Mystery Monday Book Group meets the 1st Monday of each month at 4pm. There are some books reserved for checkout behind the front desk of the Sherwood Library a month before the meeting for each book.

The 7 1/2 Deaths of Evelyn Hardcastle

by Turton Stewart

Every day, Aiden wakes up in the body of a different guest at Blackheath Manor in an effort to save Evelyn Hardcastle. Every night, Evelyn is murdered. The cycle continues until Aiden can find her killer. (Sourcebooks)

Discussion: March 2nd @ 4pm

Next Up:

Pride & Premonition

by Tirzah Price

A scandalous murder shocks London high society and Miss Lizzie Bennet seizes the opportunity to prove herself. Convinced the authorities have imprisoned the wrong person, Lizzie vows to solve the murder on her own. (HarperCollins)

Discussion: April 6th @ 4pm



TO DO IN MARCH

- **Let's Talk: Decluttering**
3/4 @ 10:30am
- **Coffee & Chat: Spanish!**
3/6 @ 10:30am
- **Wits Wisdom®**
Tuesdays @ 10:00am
- **Trip: Noodles & Gems**
3/13 @ 11am
- **Craft: Easter Fascinators**
3/20 @ 1:30pm
- **Mind Over Matter**
3/4, 3/18, & 4/1 @ 10am

Loving Someone w/ Cognitive Impairment

Thursdays @ 4pm

Relationships change and evolve over time, especially with a cognitive impairment diagnosis and it can be difficult to adapt. This 8-week program is designed to share research and science of what your loved one is experiencing as well as stories and support with others who are facing similar challenges and experiences. Gather, share, and learn.

Genealogy: Research to Story Immigration Records

1st Wednesdays (3/4) at 1:30pm

Find the story of how your family came to America through the records left behind. Learn how and where to find out their journeys by sky, land, and sea.

NCAA Basketball Championship Bracket Fest!

Kick-off Event Monday, March 16th @ 1:30pm

Predict the winners! Don't know anything about college basketball or basketball at all? Come, have fun, and guess! Register to receive your bracket and attend the optional kick off event. We'll go over what the NCAA Basketball Championship is all about, what to do, and give you time to start making your picks! Big winner announced at lunch on Tuesday, April 7th.