February 2026

21907 SW Sherwood Blvd.
Sherwood, OR 97140
503-625-5644

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30am Men's Coffee 10:00am Strong for Life 1:00pm Tech Help 1:15pm Hand & Foot 1:15pm Five Crowns 1:15pm Romance Drama 4:00pm **Mystery Monday Book Club**	**3** 9:30am Men's Coffee 10:00am Play the Ukulele 11:00am Chair Yoga (Video) 1:00pm Pinochle 1:30pm Open Painting Salon 1:30pm Train Dominos	**4** 9:30am Men's Coffee 10:00am Write Your Life 10:30am **Let's Talk: Non-Death Losses** 11:00am Chair Aerobics 12:30pm Bridge 1:30pm Mah Jongg 1:30pm Hooks & Needles 1:30pm **Genealogy Club:** Newspapers	**5** 9:30am Men's Coffee 10:00am Strong for Life 11:00am Ladies' Coffee 11:00am **BP Checks** 1:00pm Pinochle 1:30pm **Line Dancing** 2:30pm Cardio Drumming 2:30pm Aging Support *Foot Care, by Appointment*	**6** 9:30am Men's Coffee 10:45am Chair Yoga 11:00am Grief Support 1:30pm Bingo 1:30pm **Parlons Français!** 2:30pm Cribbage *Foot Care, by Appointment*
9 9:30am Men's Coffee 10:00am Strong for Life 1:00pm Tech Help 1:15pm Hand & Foot 1:15pm Five Crowns 1:15pm Romance Drama	**10** 9:00am **AARP Safe Driver** 9:30am Men's Coffee 10:00am **Circle of Friends** 11:00am Chair Yoga (Video) 1:00pm Pinochle 1:30pm Open Painting Salon 1:30pm Train Dominos	**11** 9:00am **AARP Safe Driver** 9:30am Men's Coffee 10:00am Write Your Life 11:00am Chair Aerobics 12:30pm Bridge 1:30pm Mah Jongg 1:30pm Bunco 1:30pm Hooks & Needles	**12** 9:30am Men's Coffee 10:00am Strong for Life 11:00am Ladies' Coffee 1:00pm Pinochle 2:30pm Cardio Drumming 2:30pm Aging Support	**13** 9:30am Men's Coffee 9:30am **Robin Hood Garden Club** 10:30am **Coffee & Chat: *Spanish!*** 10:45am Chair Yoga 11:00am Grief Support 1:15pm Scrabble 1:30pm Bingo 2:30pm **Post-Polio Support**
16 *Center Closed For In-Service Day*	**17** 9:30am Men's Coffee 10:00am **Circle of Friends** 10:00am Play the Ukulele 11:00am Chair Yoga(Video) 1:00pm Pinochle 1:30pm Open Painting Salon 1:30pm Train Dominos	**18** 9:30am Men's Coffee 10:00am Write Your Life 11:00am Chair Aerobics 12:00pm **SHIBA** 12:30pm Bridge 1:30pm Mah Jongg 1:30pm Hooks & Needles 1:30pm Genealogy Club	**19** 9:30am Men's Coffee 10:00am Strong for Life 11:00am Ladies' Coffee 11:00am **BP Checks** 1:00pm Pinochle 1:30pm **Line Dancing** 2:30pm Cardio Drumming 2:30pm Aging Support	**20** 9:30am Men's Coffee 10:45am Chair Yoga 11:00am **Trip: Lunch @ La Provence & a Movie** 11:00am Grief Support 11:00am **WashCo Vet. Support** 1:30pm Bingo 1:30pm **Parlons Français!**
23 9:30am Men's Coffee 10:00am Strong for Life 1:00pm Tech Help 1:15pm Hand & Foot 1:15pm Five Crowns 1:15pm Romance Drama	**24** 9:30am Men's Coffee 10:00am **Circle of Friends** 11:00am Chair Yoga(Video) 1:00pm Pinochle 1:30pm Open Painting Salon 1:30pm Train Dominos	**25** 9:30am Men's Coffee 10:00am Write Your Life 11:00am Chair Aerobics 12:30pm Bridge 1:30pm Mah Jongg 1:30pm Bunco 1:30pm Hooks & Needles	**26** 9:30am Men's Coffee 10:00am Strong for Life 11:00am Ladies' Coffee 1:00pm Pinochle 2:30pm Cardio Drumming 2:30pm Aging Support	**27** 9:30am Men's Coffee 10:45am Chair Yoga 11:00am Grief Support 1:15pm Scrabble 1:30pm Bingo 2:30pm **MSSC Rockers**

February Trip:
Lunch at La Provence & a Movie

February 20th, leaving @ 11:00am

It was so nice, we're doing it twice! We're going back to La Provence Boulangerie & French Bistro for a delicious lunch followed by an Oscar nominated movie, hopefully Hamnet or Marty Supreme (it's a little far out for showtimes). We'll leave the center at 11:00am and and return at 3:30pm. Registration lottery opens 2/6 at 9am, with participants notified 2/13. Shuttle registration necessary to register.

Genealogy Club:

How Newspapers Can Tell the Story of Your Family

Wednesday, February 4th @ 1:30pm

We'll talk about how to use newspaper archives both online and in person to research our family histories. Newspapers can help give meaning to family narratives.

Let's Talk: Aging

Non-Death Losses

Wednesday, February 4TH @ 10:30am

As we age, we often have to give up activities such as hiking, kayaking, or even driving. How do we deal with these changes? How do we adapt? Let's discuss how we were able to deal with these non-death losses and what did we learn.

Mystery Monday

The Mystery Monday Book Group meets the 1st Monday of each month at 4pm.There are some books reserved for checkout behind the front desk of the Sherwood Library a month before the meeting for each book.

One Puzzling Afternoon
by Emily Critchley

When Lucy comes into her life, Edie finally has a friend to cling to. When Lucy goes missing, Edie is left with a secret Lucy held close. In 2018, an aging Edie knows she is the only link to find her missing friend but she is racing against herself as dementia starts to steal her memory. (Soucebooks)

Discussion: February 2nd @ 4pm

Next up: The 7 ½ Deaths of Evelyn Hardcastle
by Turton Stewart

Every day, Aiden wakes up in the body of a different guest at Blackheath Manor in an effort to save Evelyn Hardcastle. Every night, Evelyn is murdered. The cycle continues until Aiden can find her killer.(Sourcebooks)

Discussion: March 2nd @ 4pm

The Marjorie Stewart Senior Community Center is a place to gather, find resources, learn, exercise, play, and have fun! We have fresh-cooked, gourmet lunch available by reservation Monday - Friday. Now welcoming free mental health programs for older adults. Please call us with questions, registration, or reservations.

21907 SW Sherwood Blvd.
Sherwood, OR 97223
503-625-5644
sherwoodoregon.gov/marjoriestewartcenter

Maiya Martin Burbank, Manager
Dominic Sachet, Chef
Melissa Bolen, Admin. Assistant
Kelly Sanders, Admin. Assistant
Cheri Hamburg, Kitchen Assistant

FEBRUARY 2026

MARJORIE STEWART SENIOR CENTER

NEWSLETTER

MARJORIE STEWART SENIOR COMMUNITY CENTER

AARP SAFE DRIVER

Tues. February 10th & Wed. February 11th
9am to 12pm — Must attend both days

$20 AARP member — $25 non-member

When you take the AARP Smart Driver™ Class, you could be eligible for a multi-year discount on your auto insurance. Plus safer driving can save you more than just money. The course teaches proven driving techniques to help keep you and your loved ones safe on the road.

Additionally, you'll learn:

- Important facts about the effects of medication on driving.
- How to reduce driver distractions.
- How to maintain the proper following distance behind another car.
- Proper use of safety belts, air bags, anti-lock brakes and new technology found in cars today.
- Techniques for handling left turns, right-of-way, and roundabouts.
- Age-related physical changes and how to adjust your driving to compensate.

CIRCLE OF FRIENDS

Weds. 2/10-3/31

Are you feeling isolated or lonely? Are you new to the area and looking to connect? Have you gotten separated from your social life? The Circle of Friends group is geared towards older adults (aged 62+) in need of more social support and connection to their community. The group meets for 8 weeks, once-a-week with a facilitator who will guide the group in discussion, activities, and fun to help build bonds and friendships.

TO DO IN JUNE

- **Let's Talk:**
  - **Non-Death Loss**
  - 2/4 @ 10:30am
- **Coffee & Chat: Spanish!**
  - 2/13 @ 10:30am
- **AARP Safe Driver**
  - 2/10 & 2/11
  - 9am to 12pm
- **Genealogy Club**
  - **How Newspapers Can Tell the Story of You**
  - Weds. ¼ @ 1:30pm
- **La Provence & a Movie**
  - 2/20 @10:00am