



Home of the Tualatin River National Wildlife Refuge

MEETING AGENDA

Senior Advisory Board

**January 10, 2024 at 5pm
Virtual via Zoom**

<https://sherwoodoregon-gov.zoom.us/j/83126431810?pwd=iJ5q9z4J3vgh74EJKXgTA6CbUYOfJB.1>

1. **CALL TO ORDER – 5:04pm**
2. **ROLL CALL** A. Chair Caz Thomson, Members, Zana Mays, Donna Nevedale, and Eugene Stewart. Staff Liaison Maiya Martin Burbank was also present. Vice-Chair Jen Myers was absent along with Members Nancy Phillips, LaVette Columbo, City Council Liaison Renee Brouse and Community Services Director Kristen Switzer.
3. **Approval for the November 8, 2024 meeting minutes. Donna moved; Zana seconded. All approved.**
4. **CITIZEN COMMENTS** - none
5. **SWOT Discussion** – Please see Exhibit A.
6. **2024 Meeting Schedule Discussion** – Staff Liaison Martin Burbank proposed that the Senior Advisory Board meet as a board every other month and have Action Committee meetings on the off months. This will allow the board to work on tangible projects toward Age Friendly Sherwood.
 - a. **Zana moved, Caz seconded, and the Board unanimously voted to adopt the new schedule starting immediately. Senior Advisory Board meetings will be held March 13, 2024, May 8, 2024, July 10, 2024, September 11, 2024, and November 13, 2024.**
7. **BOARD COMMENTS:**
 - a. Board Chair Thomson reported that the Sherwood YMCA is booming.
 - i. Bio/Psycho/Social Elements of Wellness w. Sherwood Physical Therapy Associates will be held Jan. 18, 2024 at 12:45pm.
 - ii. Pop Up NIA class on Friday, January 19, 2024 at 6pm
 - iii. How to Age in Place on February 6, 2024 at 12:45pm
 - iv. Community Connection Café on February 13, 2024, 10am to 12:30pm
 - b. Board Member Mays reported that while she was delivering meals for the Marjorie Stewart Senior Community Center, one of her regular participants talked about how happy she was to have Santa Clause, himself, delivery her Christmas gift this year.

8. **STAFF REPORT** – Staff Liaison reported that the Marjorie Stewart Senior Community Center served 1315 meals in the month of December 2023 with 51 volunteers serving 554 hours. 1263 meals were served in the month of November 2023 with 54 volunteers serving 583 hours.

- a. She also reported that there were 60 participants in the 2023 Secret Santas for Sherwood Seniors. The Sherwood community is wonderful and fulfilled all wishes for holiday gifts.
- b. The Marjorie Stewart Senior Community Center has added one more part-time staff person. Administrative Assistant Kelly Sanders will be working at the front desk Wednesdays – Fridays, 12:30pm to 4:30pm. She will be heading up the Sherwood Senior Shuttle administrative work.

9. **ADJOURN – 6:06pm**

10. **Next meeting: March 13, 2024 at 5pm via Zoom.**

How to Provide Citizen Comments:

Citizen comments may be provided in person, in writing, or by telephone. Sign-up forms will be available at the meeting for anyone who wishes to provide comments in person. Written comments must be submitted at least 24 hours in advance of the scheduled meeting start time by email to burbankm@sherwoodoregon.gov and must clearly state that it is intended as a general Citizen Comment for this meeting. To provide comment by phone during the live meeting, email or call burbankm@sherwoodoregon.gov or 503-625-5644 at least 24 hours in advance of the meeting start time in order to receive dial-in instructions. In-person and telephone comments are limited to 4 minutes per person. Per Council Rules Ch. 2 Section (V)(D)(5), Citizen Comments, "Speakers shall identify themselves by their name and by their city of residence." Anonymous comments will not be accepted into the meeting record.

ADA Accommodations:

If you require ADA accommodations for this public meeting, please contact burbankm@sherwoodoregon.gov or 503-625-5644 at least 48 hours in advance of the scheduled meeting time.