



**Sherwood Regional Family YMCA
Operations Report
Quarterly Report April-June 2020
(Includes narrative from Mid-March at initial shutdown with Covid Pandemic)**

Quarterly Narrative

Overview:

On Thursday March 12, 2020 the Sherwood YMCA closed down normal operations as a result of the Covid-19 Pandemic. The YMCA quickly shifted staffing efforts to offering Essential Child Care and received a License for Pop-Up child care. During the initial weeks of shut down the leadership staff began using the time to move up the yearly maintenance schedule, this include pool maintenance with a full drain of the pool and a pump flush, high dusting in the gym, removal of overgrown shrubs and other landscaping, painting touch up, deep cleaning, etc.

We quickly pivoted to providing virtual programming to our member base. Our virtual program offering include, Live Group Exercise, Home School PE, and virtual kid's enrichment activities. Our virtual offering were wildly successful and at its peak drew over 60 logins per class (dance fitness).

During this time our initial concern was isolation and the social emotional health of the senior population the YMCA serves. The YMCA began a campaign to call and connect with 2000 of our senior members as a check in. We called our full list of seniors within the first month of "stay at home" orders and then again in May.

For the duration of the Pandemic the YMCA has committed to continue offering daily homeless showers, serving 8-12 individuals daily.

As the stay at home order continued into late April, the YMCA moved the Essential Child Care attendees to our off site licensed Child Development Center. At this time the YMCA went through its first round of Furloughs of full-time staff. The remaining staff began work on community outreach, volunteering at the Share Center and the local food shelves. As a result of the outreach efforts, Washington County approached the YMCA to become an "Essential Hub". Don Mershon, Mission Advancement Director took the lead in coordinating outreach efforts with Washington County, the City of Sherwood, the Sherwood Covid response Facebook page and the local food pantries. The Sherwood YMCA has been providing facemasks and food to the community. As this effort has progressed the Sherwood Library has provided books to give out to the families in need that are using the weekly food pick up. This work will continue.

Internally, the Sherwood YMCA, with the other locations in our association began work using national YMCA data to evaluate safety measures and build a comprehensive "Emerge Plan" which included capacity, cleaning, staffing, and safety protocols. The protocols the YMCA of Columbia-Willamette produced have been shared with YMCA's across the state. The YMCA's insurance carrier also requested to use the protocols as an example of excellence.

Another group of leadership staff from Sherwood and other YMCA facilities in our association began work to build a robust summer camp plan, as the need for child care began to grow throughout the shutdown. The Camp group worked to review all state mandates and protocol as well as the financial viability of camps.

Re-Opening:

On June 15 the Sherwood YMCA re-opened as part of Oregon's phase 1. This included 2 summer camps in consistent "cohorts" of 10 children per group. Our facility opened for exercise with strict space capacities. 1/3 of all equipment was put into storage to provide the necessary 6 feet of spacing between each piece of equipment.

Upon entry into the facility, each member agrees to a list of health and exposure questions, sanitizes hands and checks in. The YMCA is staffing each level of the facility to monitor social distancing, member cleaning, and to provide a deeper clean using more powerful cleaning chemicals. We have continued our virtual classes.

The national average of gym attendance upon re-opening was ~20% of pre-Covid attendance. We opened our doors with limited hours and days and found our numbers to be consistent at 22% of pre-Covid attendance. We have seen a low increase week after week with a high of 32% of previous usage.

We continue in phase 1, which does not include opening our pool. We are working extensively to adapt to the ever changing regulations as well as in preparation for moving safely into the next phase of re-opening.

Respectfully submitted,
Sherwood Regional Family YMCA

Ryan C. Buck
Executive Director