## **May 2023**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	1	2	3	4	5	Free Comic Book Day
7	8	9	Teen Book Club 4:00 p.m.  Adult Book Discussion 6:00 p.m.	Fiction Friends 4:00 p.m.	12	Intro to 3D Printing 8:30 a.m.  Read to Mia the Dog 11:00 a.m.
14	15	16	17	Paperback Pals 3:45 p.m.	19	Hula Hoop Workshop 2:00 p.m.
Writing Workshop 2:00 p.m.	22	My Gym Sherwood 10:15 a.m.	Parent & Child Yoga 10:15 a.m.	Book Buddies 3:45 p.m.	26	STEAM Saturday 11:00 a.m.
28	CLOSED FOR MEMORIAL DAY	30	31	1	2	3

## Reading Suggestions



Scan this QR code for booklists for all age groups and learn more about Mental Health issues in both fiction and real life.

sherwoodoregon.gov/library/reading



**Legend:** Adults Teens Kids

**[In-Person]** Interactive reading, rhymes, music and movement for developing early literacy skills and kindergarten readiness.

Storytime break: May 23-25

All Ages Storytime: Tuesdays @ 10:15 a.m. Ages 0-6.

Toddler Storytime: Wednesdays @ 9:30 & 10:15 a.m. Ages 12-36 months.

All Ages

Baby Storytime: Thursdays @ 10:15 a.m. Ages 0-12 months.

# LIBRARY NEWSLETTER

SHERWOOD PUBLIC LIBRARY

**May 2023** 



### **Letter from the Manager**



# **Mental Health Awareness Month**

Libraries are here as a resource and a safe space all year. This May, we recognize Mental Health Awareness Month with the National Alliance on Mental Illness (NAMI) with the theme "More than enough: all people, no matter where they are on their mental health journey, are deserving of support, resources, fulfillment, and a community that cares."

Connecting with people at library events and in our building can help feel less alone. Come be a part of the community. Mental Health screenings are freely available at screening.mhanational.org. Learn more about health, wellness, and medicine at wccls.org/research and click "Health and Medicine" to search articles and online books. Browse our "Community Resources" area in the library for local agencies that help or ask us for recommendations and referrals. See you at the library!

## **Plan for Summer Fun!**

Summer Reading is just around the corner, with events throughout the summer! There are free books and reading challenges for children, teens, and adults. Pick out your book starting June 1. Mark your calendars for Tuesdays, 11:00-12:00 p.m., June 27-July 25, for live music, theatre, and dance events from Hands & Hearts Drumming, Red Yarn, Paradise of Samoa, and Lee's Lion Dance Team.

Bilingual Storytime in the Park, a camp-like experience for preschool-5th grade children and families, returns Thursdays in July, 11:30-12:30 p.m., at Stella Olsen Park with free lunches provided by Helping Hands.



Proud Member Since 1976

## For Adults



#### **Adult Book Discussion**

Wednesday, May 10, 6:00 p.m.

[In-Person] Read. Be inspired. Discuss. We are discussing How High We Go in the Dark by Seguoia Nagamatsu -- a timely novel about how people in the near and far future deal with a society-splitting plague unleashed by a ancient virus, and how we stay human in the face of tragedies. The first ten to register receive a free copy of the book.\* Always Available e-book copies of this title are provided by WCCLS.



## Intro to 3D Printing & Design

Saturday, May 13, 8:30 a.m.

[In-Person] Join us for a introductory class in 3D printing and designing objects using our 3D printer, a Dremel 3D45. The class focuses on how 3D printers work, learning about types of printing, and focuses on designing simple 3D objects for printing. Registration required.

Washington County Cooperative Library for small groups to visit

local attractions for free! Use your library card to reserve and use passes to venues such as the Lan Su Chinese Garden, the Pittock Mansion, Oregon State Parks, and even the Portland Art Museum! More information is available at

library card each calendar year.

## May 6 -- Free **Comic Book Day**

wccls.org/adventurepass.



## **Digital E-books and Audiobooks** Access e-books and downloadable

audiobooks today with the Libby app, free with your library card. Enjoy titles for all ages, including Always Available e-books and audiobooks, and titles in English, Spanish, Chinese, Japanese, Russian, Hindi, and more -- thanks to Washington County Cooperative Library Services.

Get started today at wccls.org/e-books.

**Writing Workshop** 

Sunday, May 21, 2:00 - 4:00 p.m.

[In-Person] Our spring series is here! Author Marie Buckley leads a warm-up exercise and thematic writing session. No experience necessary. Bring writing tools and expect positive feedback. May 21 theme - "Foreign."

### **Adventure Pass**

Services provides passes

Please note: each venue allows one visit per

## Sign up for our **E-Newsletter!**



sherwoodoregon.gov/library/newsletters

## For Youth & Family



### Read to Mia the Dog

Saturday, May 13, 11:00 a.m. - 12:30 p.m.

[In-Person] Brush up on reading skills in a fun and non-judgmental environment while reading with a trained therapy dog for 20 minutes. Get a certificate and picture with Mia. Registration required.



## **Paperback Pals**

Tuesday, May 18, 3:45 p.m.

[In-Person / Zoom] It's so much fun to talk about the books you love with pals who enjoy reading! A free copy\* of *The Jumbies* by Tracey Baptiste is available at registration while supplies last. Grades 3-5.



## My Gym Sherwood

Tuesday, May 23, 10:15 a.m.

[In-Person] Alexis from My Gym Sherwood is back to offer a free demonstration. You and your youngster warm up, sing, dance, and hone agility skills during this special circle time. No registration required. All ages.

## **Parent & Child Yoga**

Wednesday, May 24, 10:15 a.m.

[In-Person] At this interactive class, parent and child will learn a variety of moves to do together to build bonds with each other. This class is for parents and walking children up to age six. No registration required.

#### **Book Buddies**

Thursday, May 25, 3:45 p.m.

[In-Person / Zoom] Enjoy talking about Kondo and Kezumi Visit Giant Island by David Goodner this month with kids your age and an activity to follow. A free copy\* of this month's book is available at registration while supplies last. Grades K-2.

## **STEAM Saturday**

Saturday, May 27, 11:00 a.m. - 3:00 p.m.

**Hula Hoop Workshop** 

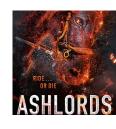
[In-Person] Hula hooping is both fun and

great exercise! At this workshop you'll

Saturday, May 20, 2:00 p.m.

[In-Person] Drop in for a dose of STEAM (Science, Technology, Engineering, Art, and Math) fun on the last Saturday of every month. Build with Snap Circuits, 3-D pens, Magnetic Tiles, and more. This month you can also create recycled artwork. All ages.

## For Tweens & Teens



#### Teen Book Club

Wednesday, May 10, 4:00 p.m.

[In-Person] Are you a teen who loves reading? Join us to discuss books and play games. Register and get a free copy\* of Ashlords by Scott Reintgen to read before our meeting. Books read in Teen Book Club may contain mature content. Grades 9-12.

## make your own hula hoop, customized for your size and height. You'll also learn hula hoop skills. Register online. Ages 9 and up.

#### **Fiction Friends**

Thursday, May 11, 4:00 p.m.

[In-Person / Zoom] Each month we read a book in advance, then discuss it during the book club. Each session ends with an activity. Free copy\* of Wink by Rob Harrell available at registration while supplies last. Grades 6-8.





